

THE GATHERING

Hymn

- 1 All my hope on God is founded;
he doth still my trust renew.
Me through change and chance he
guideth,
only good and only true.
God unknown, he alone
calls my heart to be his own.
- 2 Human pride and earthly glory,
sword and crown betray his trust;
what with care and toil he buildeth,
tow'r and temple, fall to dust.
But God's pow'r, hour by hour,
is my temple and my tow'r.
- 3 God's great goodness aye endureth,
deep his wisdom, passing thought:
splendour, light and life attend him,
beauty springeth out of naught.
Evermore, from his store,
new-born worlds rise and adore.

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4 Still from earth to God eternal
sacrifice of praise be done,
high above all praises praising
for the gift of Christ his Son.
Christ doth call one and all:
ye who follow shall not fall.

Joachim Neander (1650-80) MICHAEL
Robert Bridges (1844-1930)
Herbert Howells (1892-1983)

THE GATHERING

Greeting

The President says

Grace, mercy and peace
from God our Father
and the Lord Jesus Christ be with you
and also with you.

Opening Responses

Show us your mercy O Lord
and grant us your salvation.
Truly, his salvation
is near to those who fear him,
that his glory may dwell in our land.
Mercy and truth are met together,
**righteousness and peace
have kissed each other.**
Truth shall spring up from the earth
**and righteousness
look down from heaven.**
Righteousness shall go before him
and direct our steps in the way.

cf Psalm 85

THE GATHERING

Prayers of Penitence

God so loved the world
that he gave his only Son Jesus Christ
to save us from our sins,
to be our advocate in heaven,
and to bring us to eternal life.

Let us confess our sins
in penitence and faith, firmly resolved
to keep God's commandments
and to live in love and peace with all.

**Most merciful God,
Father of our Lord Jesus Christ,
we confess that we have sinned
in thought, word and deed.**

**We have not loved you
with our whole heart.**

**We have not loved our neighbours
as ourselves.**

**In your mercy forgive
what we have been,
help us to amend what we are,
and direct what we shall be;
that we may do justly,
love mercy, and walk humbly
with you, our God.**

Amen.

THE GATHERING

Absolution

The President says

Almighty God,
who in Jesus Christ has given us a kingdom
that cannot be destroyed,
forgive you your sins,
open your eyes to God's truth,
strengthen you to do God's will
and give you the joy of his kingdom,
through Jesus Christ our Lord. **Amen.**

THE GATHERING

Gloria

The choir sings

Glory be to God on high,
and in earth peace, good will towards men.

We praise thee, we bless thee,
we worship thee, we glorify thee,
we give thanks to thee for thy great glory,

O Lord God, heavenly King,

God the Father Almighty.

O Lord, the only-begotten Son,

Jesu Christ;

O Lord God, Lamb of God,

Son of the Father,

that takest away the sins of the world,
have mercy upon us.

Thou that takest away the sins of the
world, receive our prayer.

Thou that sittest

at the right hand of God the Father,
have mercy upon us.

For thou only art holy;

thou only art the Lord;

thou only, O Christ, with the Holy Ghost,
art most high in the glory of God the
Father. Amen.

THE GATHERING

Collect

The President says

Let us pray.

Merciful God,
you have prepared for those who love you
such good things
as pass our understanding:
pour into our hearts such love toward you
that we, loving you in all things
and above all things,
may obtain your promises,
which exceed all that we can desire;
through Jesus Christ our Lord,
who is alive and reigns with you
in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

THE LITURGY OF THE WORD

Old Testament

A reading from the second book of Samuel
6. 1-5. 12b-19

David again gathered all the chosen men of Israel, thirty thousand. David and all the people with him set out and went from Baale-judah, to bring up from there the ark of God, which is called by the name of the Lord of hosts who is enthroned on the cherubim. They carried the ark of God on a new cart, and brought it out of the house of Abinadab, which was on the hill. Uzzah and Ahio, the sons of Abinadab, were driving the new cart with the ark of God; and Ahio went in front of the ark. David and all the house of Israel were dancing before the Lord with all their might, with songs and lyres and harps and tambourines and castanets and cymbals. So David went and brought up the ark of God from the house of Obed-edom to the city of David with rejoicing; and when those who bore the ark of the Lord had gone six paces, he sacrificed an ox and a fatling. David danced before the Lord with all his might; David was girded with a linen

THE LITURGY OF THE WORD

ephod. So David and all the house of Israel brought up the ark of the Lord with shouting, and with the sound of the trumpet.

As the ark of the Lord came into the city of David, Michal daughter of Saul looked out of the window, and saw King David leaping and dancing before the Lord; and she despised him in her heart. They brought in the ark of the Lord, and set it in its place, inside the tent that David had pitched for it; and David offered burnt-offerings and offerings of well-being before the Lord. When David had finished offering the burnt-offerings and the offerings of well-being, he blessed the people in the name of the Lord of hosts, and distributed food among all the people, the whole multitude of Israel, both men and women, to each a cake of bread, a portion of meat, and a cake of raisins. Then all the people went back to their homes.

This is the word of the Lord.

Thanks be to God.

THE LITURGY OF THE WORD

Hymn

- 1 Saint John was like a flaming torch,
evangelist of coming light,
forerunner of the reign of grace,
and messenger of truth's full right.
- 2 By birth he came before the one
in whom both God and man combine;
and in due time he did baptise
the very source of life divine.
- 3 As Christ who came to save the world
did conquer through a death of shame,
so too the Baptist shed his blood
to seal the work for which he came.
- 4 Most tender Father, grant us grace
in John's straight way our feet to keep,
that nurtured in the living Christ
eternal joys we too may reap.

*From Praecessor alme GONFALON ROYAL
The Venerable Bede (c. 673-735)
translated by Saint Cecilia's Abbey, Ryde
© 1976 Saint Cecilia's Abbey, Ryde
Percy Buck (1871-1947)*

THE LITURGY OF THE WORD

Gospel Acclamation

Alleluia, alleluia, alleluia, alleluia.

The word of the Lord endures for ever.
The word of the Lord is the good news
announced to you.

Alleluia, alleluia, alleluia, alleluia.

Holy Gospel

Hear the Gospel of our Lord Jesus Christ
according to Mark. 6. 14-29

Glory to you, O Lord.

King Herod heard of the healings and other miracles, for Jesus' name had become known. Some were saying, 'John the baptizer has been raised from the dead; and for this reason these powers are at work in him.' But others said, 'It is Elijah.' And others said, 'It is a prophet, like one of the prophets of old.' But when Herod heard of it, he said, 'John, whom I beheaded, has been raised.' For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's

THE LITURGY OF THE WORD

wife, because Herod had married her. For John had been telling Herod, 'It is not lawful for you to have your brother's wife.' And Herodias had a grudge against him, and wanted to kill him. But she could not, for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him. But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee. When his daughter Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, 'Ask me for whatever you wish, and I will give it.' And he solemnly swore to her, 'Whatever you ask me, I will give you, even half of my kingdom.' She went out and said to her mother, 'What should I ask for?' She replied, 'The head of John the baptizer.' Immediately she rushed back to the king and requested, 'I want you to give me at once the head of John the Baptist on a platter.' The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. Immediately the king sent a soldier of

THE LITURGY OF THE WORD

the guard with orders to bring John's head. He went and beheaded him in the prison, brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. When his disciples heard about it, they came and took his body, and laid it in a tomb.

This is the Gospel of the Lord.
Praise to you, O Christ.

Sermon

THE LITURGY OF THE WORD

Nicene Creed

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God, eternally
begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.**

**For us and for our salvation
he came down from heaven,
was incarnate from the Holy Spirit
and the Virgin Mary
and was made man.
For our sake he was crucified
under Pontius Pilate;
he suffered death and was buried.**

THE LITURGY OF THE WORD

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated
at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from
the Father and the Son,
who with the Father and the Son
is worshipped and glorified,
who has spoken through the
prophets.**

**We believe in one holy catholic
and apostolic Church.**

**We acknowledge one baptism
for the forgiveness of sins.**

**We look for the resurrection
of the dead,
and the life of the world
to come. Amen.**

THE LITURGY OF THE WORD

Prayers of Intercession

In the power of the Spirit
and in union with Christ,
let us pray to the Father.

*After each petition
the following response may be used*

Lord in your mercy,
hear our prayer.

At the end

Merciful Father,
**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen.**

THE LITURGY OF THE SACRAMENT

Peace

The President says

We are all one in Christ Jesus.
We belong to him through faith,
heirs of the promise of the Spirit of peace.

The peace of the Lord be always with you
and also with you.

Preparation of the Altar

Blessed are you, Lord God of all creation:
through your goodness we have this bread
to set before you,
which earth has given and human hands
have made.

It will become for us the bread of life.

Blessed be God for ever.

Blessed are you, Lord God of all creation:
through your goodness we have this wine
to set before you,
fruit of the vine and work of human hands.
It will become for us the cup of salvation.

Blessed be God for ever.

THE LITURGY OF THE SACRAMENT

Eucharistic Prayer

The Lord be with you
and also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise.

You are worthy of our thanks and praise,
Lord God of truth,
for by the breath of your mouth
you have spoken your word,
and all things have come into being.
You fashioned us in your image
and placed us in the garden of your delight.

Though we chose the path of rebellion
you would not abandon your own.
Again and again you drew us
into your covenant of grace.
You gave your people the law and taught
us by your prophets
to look for your reign of justice,
mercy and peace.

THE LITURGY OF THE SACRAMENT

As we watch for
the signs of your kingdom on earth,
we echo the song of the angels in heaven,
evermore praising you and singing:

The choir sings

Holy, holy, holy Lord, God of hosts,
heaven and earth are full of thy glory.
Glory be to thee, O Lord most High.
Blessed is he that cometh
in the name of the Lord.
Hosanna in the highest.

The President continues

Lord God, you are the most holy one,
enthroned in splendour and light,
yet in the coming of your Son Jesus Christ
you reveal the power of your love
made perfect in our human weakness.

Embracing our humanity,
Jesus showed us the way of salvation;
loving us to the end,
he gave himself to death for us;
dying for his own,
he set us free from the bonds of sin,
that we might rise and reign
with him in glory.

THE LITURGY OF THE SACRAMENT

On the night he gave up himself for us all
he took bread and gave you thanks;
he broke it and gave it to his disciples,
saying:

Take, eat; this is my body
which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:

Drink this, all of you;
this is my blood of the new covenant
which is shed for you and for many
for the forgiveness of sins.

Do this, as often as you drink it,
in remembrance of me.

Therefore we proclaim the death
that he suffered on the cross,
we celebrate his resurrection,
his bursting from the tomb,
we rejoice that he reigns
at your right hand on high
and we long for his coming in glory.

THE LITURGY OF THE SACRAMENT

As we recall the one,
perfect sacrifice of our redemption,
Father, by your Holy Spirit
let these gifts of your creation
be to us the body and blood
of our Lord Jesus Christ;
form us into the likeness of Christ
and make us a perfect offering
in your sight.

Look with favour on your people
and in your mercy
hear the cry of our hearts.
Bless the earth, heal the sick,
let the oppressed go free
and fill your Church
with power from on high.

Gather your people from the ends
of the earth to feast with all your saints
at the table in your kingdom,
where the new creation
is brought to perfection
in Jesus Christ our Lord;
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours,
almighty Father, for ever and ever. **Amen.**

THE LITURGY OF THE SACRAMENT

Lord's Prayer

As our Saviour taught us, so we pray.

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever. Amen.**

THE LITURGY OF THE SACRAMENT

Breaking of the Bread

The President says

We break this bread
to share in the body of Christ.

**Though we are many,
we are one body,
because we all share in one bread.**

Giving of Communion

God's holy gifts for God's holy people.

**Jesus Christ is holy,
Jesus Christ is Lord,
to the glory of God the Father.**

THE LITURGY OF THE SACRAMENT

Agnus Dei

The choir sings

O Lamb of God,
that takest away the sins of the world,
have mercy upon us.

O Lamb of God,
that takest away the sins of the world,
have mercy upon us.

O Lamb of God,
that takest away the sins of the world,
grant us thy peace.

Communion Motet

This is the record of John,
Orlando Gibbons

THE LITURGY OF THE SACRAMENT

Post Communion Prayer

The President says

Let us pray.

God of our pilgrimage,
you have led us to the living water:
refresh and sustain us
as we go forward on our journey,
in the name of Jesus Christ our Lord.
Amen.

THE DISMISSAL

Blessing

The love of the Lord Jesus
draw you to himself,
the power of the Lord Jesus
strengthen you in his service,
the joy of the Lord Jesus
fill your hearts;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.
Amen.

The Deacon says

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

THE DISMISSAL

Hymn

- 1 Lead us, heavenly Father, lead us
o'er the world's tempestuous sea;
guard us, guide us, keep us, feed us
for we have no help but thee;
yet possessing every blessing,
if our God our Father be.
- 2 Saviour, breathe forgiveness o'er us;
all our weakness thou dost know;
thou didst tread this earth before us,
thou didst feel its keenest woe;
lone and dreary, faint and weary,
through the desert thou didst go.
- 3 Spirit of our God, descending,
fill our hearts with heavenly joy,
love with every passion blending,
pleasure that can never cloy:
thus provided, pardoned, guided,
nothing can our peace destroy.

James Edmeston (1791-1867) MANNHEIM
Frederich Filitz (1804-76)

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